

# School Holiday Groups



Age group: 6yo to 12yo

9am to 3pm

**Pearsons Services offer a range of unique groups that have been developed from clients interests and feedback!**

Our April school holiday program is packed full of fun activities, some new and some returning favourites! The groups are a great way to put all those skills learned into therapy into practice with a focus on increasing social participation, emotional regulation, and social connectedness.

## Sensory Science & Japanese Day

Monday 13<sup>th</sup> April Location: PAHS House

Explore fun sensory science experiments while enjoying Japanese-inspired crafts and simple cooking activities. This group supports sensory exploration, creativity, and social interaction, with calm sensory spaces available to support emotional regulation.

*Please bring lunch, a drink bottle and a hat.*



## Farmer for a Day

Tuesday 14<sup>th</sup> April Location: PAHS Farm

Spend the day feeding and caring for animals while learning about farm routines and responsibilities. This experience supports confidence building, independence, teamwork, and connection with nature, finishing the day with marshmallows and hot chocolate.

*Please bring lunch, a drink bottle, hat and clothes that can get muddy!*



## Creative Kids & Games Day

Wednesday 15<sup>th</sup> April Location: PAHS House

A relaxed day of creativity and connection featuring art and craft stations, board games, and interactive play including Switch and VR. Participants will work together on a simple cooking activity while developing social skills, turn-taking, communication, and teamwork.

*Please bring lunch, a drink bottle and a hat.*



## Adelaide Adventure

Thursday 16<sup>th</sup> April Location: PAHS House

Enjoy a social day exploring Adelaide City with visits to places such as the Museum, MOD, and the Botanic Gardens. Participants will split into smaller groups to encourage independence, community access skills, decision making, and social participation.

*Please bring a packed lunch, drink bottle, hat and comfortable walking shoes.*



## Inflatable World & Picnic

Friday 17<sup>th</sup> April Location: PAHS House

Enjoy an active morning bouncing and climbing at Inflatable World before heading to Wilfred Taylor Reserve for a picnic lunch. The day finishes back at PAHS with calm games and crafts, supporting movement regulation, peer connection, and emotional balance.

*Packed Lunch, Drink bottle, Hat, socks and comfortable clothes for bouncing fun!*



**Our School Holiday Groups are all Social Skills based and funded by NDIS Capacity Building with no out of pocket costs. Scan the QR code to register or get more information!**



[www.pahs.com.au](http://www.pahs.com.au)

# School Holiday Groups

Age group: 6yo to 12yo

9am to 3pm



When attending a group at PAHS House there is lots to do!

There is the OT fun zone, VR headset with a variety of games, The Switch which can have up to four players, Table Tennis, a trampoline, board games, crafting area with loads of activities, cooking and so much more!

## Movies Day & Chill Social Time

Monday 20<sup>th</sup> April Location: PAHS House

Enjoy a relaxed day watching a movie with friends followed by social time back at PAHS House. This group supports peer connection, emotional regulation, and comfortable social participation in a low-demand environment.

*Please bring lunch, a drink bottle and a hat.*



## Victor Harbor Day Out

Tuesday 21<sup>st</sup> April Location: PAHS House

Join us for a day exploring Victor Harbor including a visit to the SA Whale Centre, a walk to Granite Island, and coastal exploration. Participants will practice community access skills, independence, and social interaction while enjoying the outdoors.

*Packed Lunch, Drink bottle, Hat and comfortable walking shoes.*



## Earth day at Pearsons farm

Wednesday 22<sup>nd</sup> April Location: PAHS Farm

Celebrate Earth Day with a hands-on farm experience including animal care, nature walks, and outdoor sensory play. Participants will enjoy a farm-themed craft activity while building confidence, responsibility, teamwork, and connection with nature.

*Packed Lunch, Drink bottle, Hat and clothes suitable for the farm.*



## National Railway Museum

Thursday 23<sup>rd</sup> April Location: PAHS House

Explore the National Railway Museum in Port Adelaide and discover historic trains and interactive exhibits. This outing encourages curiosity, learning, social engagement, and community participation in a supportive group setting.

*Please bring lunch, drink bottle, and a hat.*



## Picnic & Games Celebration Day

Friday 24<sup>th</sup> April Location: PAHS House

Celebrate the end of the holidays with a BBQ picnic and fun group games with friends. This relaxed day focuses on social connection, teamwork, and celebrating achievements from the holiday program.

*Please bring snacks, a drink bottle and a hat.*



Scan the QR code to register & get more information!



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# School Holiday Groups

Age group: 12yo to 18yo

10am to 4pm



**Pearsons Services offer a range of unique groups that have been developed from clients interests and feedback!**

## Adelaide Adventure

Monday 13<sup>th</sup> April Location: PAHS House

Enjoy a social day exploring Adelaide City with visits to places such as the Museum, MOD, and the Botanic Gardens. Participants will split into smaller groups to encourage independence, community access skills, decision making, and social participation.

*Please bring a packed lunch, drink bottle, Hat and comfortable walking shoes.*



## Farmer for a Day

Wednesday 15<sup>th</sup> April Location: PAHS Farm

Spend the day feeding and caring for animals while learning about farm routines and responsibilities. This experience supports confidence building, independence, teamwork, and connection with nature, finishing the day with marshmallows and hot chocolate around the fire.

*Packed Lunch, Drink bottle, Hat and clothes that can get muddy.*



## Movies Day & Chill Social Time

Friday 17<sup>th</sup> April Location: PAHS House

Enjoy a relaxed day watching a movie with friends followed by social time back at PAHS House. This group supports peer connection, emotional regulation, and comfortable social participation in a low-demand environment.

*Packed Lunch, Drink bottle, Hat and movie snacks.*



## Victor Harbor Day Out

Monday 20<sup>th</sup> April Location: PAHS House

Join us for a day exploring Victor Harbor including a visit to the SA Whale Centre, a walk to Granite Island, and coastal exploration. Participants will practice community access skills, independence, and social interaction while enjoying the outdoors.

*Packed Lunch, Drink bottle, Hat and comfortable walking shoes.*



## Creative Teens -Japanese Theme

Thursday 23<sup>rd</sup> April Location: PAHS House

Enjoy a creative day inspired by Japanese culture with opportunities to customise shoes or clothing, try themed cooking activities, and work on independent creative projects. This group supports self-expression, independence, problem solving, and positive peer interaction.

*Please bring lunch, drink bottle, a hat and anything that helps you to relax.*



## Bounce Evening - 4pm to 9.30pm

Friday 24<sup>th</sup> April Location: PAHS House

Enjoy an exciting evening session at Bounce followed by a meal with friends. This group supports physical activity, social connection, and confidence building in a fun and supportive environment.

*Drink bottle and Comfortable clothes suitable for physical activity*



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