# **School Holiday Groups**

Age group: 12yo to 18yo



Pearson Allied Health Services offer a range of unique groups that have been developed from clients interests and feedback!

#### **Bounce**

Monday 29<sup>th</sup> September Location: PAHS House

Enjoy a day hitting the ultimate freestyle playground where you can bounce, flip into the Big Bag, run The Wall and so much more! Please bring a packed lunch, hat, towel and a water bottle.

Please bring a packed lunch, drink bottle, towel and a hat.

# **Adelaide Day Out**

Wednesday 1<sup>st</sup> October Location: PAHS House

Join us for a visit to Adelaide where we will have fun exploring the City! There will be lots of fun places to choose from and as a group you will work on planning the day out!

Please bring a hat, a water bottle, and lunch or \$\$ for lunch.

## Movie day

Tuesday 7<sup>th</sup> October Location: PAHS House

Enjoy one of the newest movies being released and spending time with your Pearson's friends.

Please bring lunch, drink bottle, and a hat.

# **Timezone and Bowling Super Day Out**

Wednesday 8<sup>th</sup> October Location: PAHS House

Enjoy one game of Laser tag, one game of bowling, one round of the Spin Bumper cars, and 30mins Time play with 350 power tickets! It is sure to be a great day out!

Please bring a drink bottle. Lunch is included.

### **Relax and Refresh**

Friday 10<sup>th</sup> October Location: PAHS House

Next week will be back to school time, so it's time to unwind. This day will be all about taking it slow. Time to ground ourselves and feel our best mentally and physically. We will be doing some yoga, mindfulness colouring in, creative arts and craft, reading etc. Whatever you find relaxing and comforting!

Please bring lunch, drink bottle, a hat and anything that helps you to relax.





Our School Holiday Groups are all Social Skills based and funded by NDIS Capacity Building with no out of pocket costs. Scan the QR code to register or get more information!







**APRIL 12TH TO 17TH** 

## Join us for another fantastic respite camp in Mildura during the October school holidays!

We'll meet at the PAHS House on Tuesday at 9am on our way, we'll enjoy a lunch stop before continuing our adventure. After a road trip we'll arrive at our destination — just in time to settle in, enjoy a BBQ dinner, and make the most of the swimming pools & water slides at our accommodation. We'll be staying in luxury 3-bedroom cabins with 2 bathrooms — plenty of space and comfort for everyone!

Get ready for 4 days of relaxation, fun, and discovery in one of

Victoria's most iconic river towns. **Highlights of the trip include:** 

**Exploring Mildura's Holden Motor Museum** - a great experience for car lovers of all ages.

**Paddle fun on the Murray** - hire swan boats or SUPs for a splash of adventure at the marina.

**Fishing evenings by the river** - a chance to relax and try your luck at catching dinner!

**Sightseeing & water fun** - Cruise the Murray River on an iconic paddle steamer and visit local attractions including The Big Orange and Mildura's vibrant sights. Swimming and water play at the holiday park pools and slides.

Group dinners and BBQs - sharing good food and fun times together.

On Friday we'll stop for lunch on the drive back and arrive around

5pm - full of great memories to share!

Bringing some spending money is recommended for souvenirs & to practice money-handling skills during the trip.

This camp is set to be an amazing mix of adventure, relaxation, and friendship!

Don't miss out on this unforgettable experience!

Contact us to secure your spot.





**COSTS INCLUDE:** 

**ACCOMMODATION** 

**MEALS** 

**ACTIVITIES** 

**REGISTER HERE:** 





Email: sta@pahs.com.au

Phone: 8322 2792

Clients will be required to bring spending money.