


# Myponga Farm Respite


We will spend time together at the farm in Myponga.


We will also visit our other farm in Clarendon.

This is a time to relax, have fun, and enjoy the animals.


## Friday – Welcome

 Pick up from home at 4:00 pm


 Drive to the farm at Myponga

 Meet the friendly horses. You can hand-feed them.

 Enjoy a welcoming dinner together.

 At night, sit outside. Look at the stars.  
You might see kangaroos or lambs nearby.


## Saturday – Farm Adventures Morning

 Big breakfast to start the day.


 Go to the Clarendon farm.


 Meet the animals:

 Sheep Ralph & Sam

 Kevin Bacon the pig


 Goats (Snowflake & Boots)


 Horses & ponies

 Kangaroo joeys

 Alpacas


 Chickens & ducks


 Miniature donkeys

 Stop for morning tea.


### Midday


 Gentle horse riding at the farm.


 Collect fresh eggs and pick food from the garden.

 Outdoor lunch with farm food.


### Afternoon

 Feed the baby animals:


 Calf (Bessie)


 Lambs

 Kangaroo joeys

 Go back to Myponga.


### Evening


 Choice: Dinner at a country pub or a simple meal at the farm.


 Watch a movie at the farmhouse.


## Sunday – Relaxation

 Breakfast together.

 Farm walk or RTV ride to see cows and views.

 Visit Myponga Reservoir for a peaceful walk and birdwatching.

 Go to Myponga Beach — quiet and relaxing spot.

 Take photos at the lookout before heading home.



## Highlights

- ✓ Safe and supportive farm stay
- ✓ Time with animals — feeding, caring, learning
- ✓ Fresh food from the garden and chicken coop
- ✓ Gentle horse riding
- ✓ Quiet nature time — reservoir, beach, wide farm views
- ✓ Relaxing nights with home cooking and stargazing
- ★ This is your time to relax, enjoy animals, and have new farm adventures.





# Myponga Farm Respite Menu

## Friday Dinner

Chicken schnitzel served with either fresh salad or steamed vegetables

Beef schnitzel served with either fresh salad or steamed vegetables

Lasagna accompanied by a crisp garden salad

Vegetable pasta for vegetarian guests

## Dessert

Choose from fruit pie with ice cream or Classic Magnum ice cream

## Breakfast Options - Saturday & Sunday

Bacon and eggs cooked to order

Omelette with bacon or vegetarian omelette with mushrooms, tomato & capsicum

Creamy scrambled eggs

Fluffy pancakes with honey or syrup

Avocado on toast served with eggs

Choice of white, brown, or wholemeal toast

## Drink Options

English Breakfast, Earl Grey, Green, or Fruit tea

Freshly brewed coffee

Orange juice or apple juice

## Morning Tea at the Farm

Freshly brewed tea or coffee with a choice of fruit box drinks

Seasonal fresh fruit: banana, apple, or pear

Homemade lemon cake, chocolate cake, or angel food cake

## Saturday Lunch at the Farm

Bacon or vegetarian quiche

Ham and salad, or turkey and salad sandwiches

Traditional sausages served with damper

Fresh fruit selection

## Dessert

Chocolate or berry self-saucing pudding

Profiteroles with cream

Ice cream

## Saturday Dinner (Local Dining Options, Budget \$60)

Victory Hotel (Sellicks Hill) – fresh local seafood & pub meals

Yankalilla Hotel – classic country pub fare

McLaren Vale – local restaurants on the way back

## Sunday Lunch – Myponga Bakery

Choose a hot savory item: pasty, pie, or sausage roll (other options available)

Sweet treat choices include vanilla slice, donut, or muffin

Beverages available: soft drinks, coffee, tea, water, chocolate milk, iced coffee

## Special Dietary Needs

We are happy to accommodate dietary requirements, allergies, and sensory preferences.

Please inform us of any special needs in advance to ensure a safe and enjoyable stay.