



ANIMAL EXPERIENCES

WITH OUR BEAUTIFUL AND DIVERSE ANIMALS - BOTH BIG AND SMALL - WE HELP PARTICIPANTS REACH THEIR GOALS IN A CALM, NATURAL SETTING. THINK OF THE ANIMALS AS CO-THERAPISTS: THEY MOTIVATE, ENGAGE, AND BRING A UNIQUE ENERGY TO EVERY SESSION.



Animal experience sessions are especially effective for individuals who don't respond well to traditional clinic or tabletop activities. Being outdoors and immersed in nature also helps regulate and meet sensory needs, supporting emotional wellbeing and connection.

ANIMAL EXPERIENCES, WHAT IS IT?

Animal Experiences is a therapeutic approach that uses the natural bond between humans and animals to support personal growth and wellbeing. The connection formed through interaction and play with animals can be powerful – helping individuals feel safe, relaxed, and engaged.

It is especially effective for children, youth, and adults who may struggle with traditional therapy settings or who have disengaged from other forms of support. By incorporating animals into the therapeutic process, we create a unique and motivating environment that encourages participation and progress.

To find out more, visit our website or contact us at:

www.pahs.com.au

TEL: (08) 8322 2972

EMAIL: support@pahs.com.au

