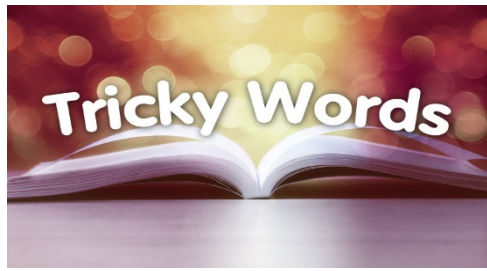


GETTING NDIS READY TOGETHER



Pearson Allied Health Services





This book has some tricky words

The first time we write a tricky word

- The word will be in **purple**
- We will write what the tricky word means

You can get help with this book

You can get someone to help you



- Read this book
- Know what this book is about



- Find more information

About this book



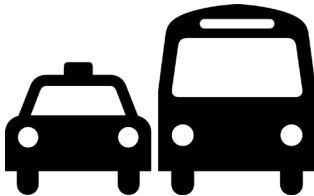
This book is about how we will help you use the **National Disability Insurance Scheme or NDIS**

The NDIS helps people under 65 with a disability get



- care

and



- supports

If you have an NDIS plan you will

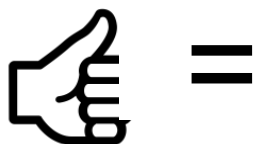


- choose the supports you want
- control when and where you get supports



- say what disability service providers you want to use

About the NDIS supports



The NDIS will help with supports for your disability that are **reasonable** and **necessary**

Reasonable is something that is fair

Necessary means something you must have

Reasonable and necessary supports can help you to



- **be more independent**



- **be part of the community**



- **meet your goals**

Supports could be



- **a communication device**

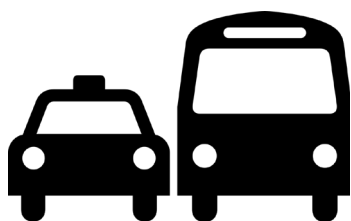


- **help to join a community group**



- **a bathroom that is easy to use**

- **help find or pay for a place to live**



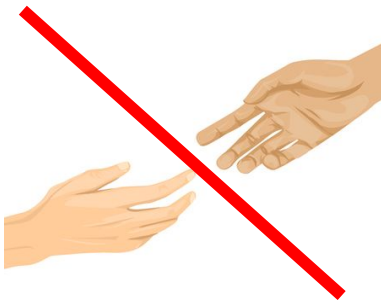
- **transport to take you to community or social activities**

- **therapy services**

for example, Occupational Therapy



The NDIS will not help with supports that



- **do not assist with your disability**

- **are paid for by another group**



- **might hurt you or another person**

- **are for day to day cost to live
for example, groceries**

About your NDIS plan

Your NDIS plan should have



- a list of supports and services you get now



- information about aids or equipment you use for your disability



- a list of what your goals are

- information from your doctors or service providers to say why you get your supports



- a list of supports or services that you need but do not get now



When you meet with the NDIA planner or **Local Area Coordinator** they will ask questions about

- what supports you get now



- what equipment or aids you use for your disability



- where do you live

- who do you live with

- what things you do each day

- what supports you need but do NOT get now

- your goals or what you want to happen



Local Area Coordinator or LAC is someone who can help you make your plan happen

The supports you get now



You might tell the NDIA planner or
Local Area Coordinator that



- you live at home with your mum and dad

- you get support at home 2 days a week

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY



- you get help with

- your day to day activities



- things you do around the house

Your day to day activities



You can talk to the NDIA planner or
Local Area Coordinator about



- what activities you do now

- what works well



- what you are good at



- what would you like to change

Your goals



**You can talk to the NDIA planner or
Local Area Coordinator about your goals
or what you want to happen**



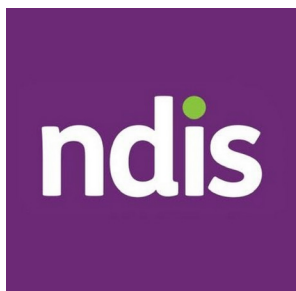
Think about what you would like to do

Then think about

- **what you want to happen**
- **what you want to achieve**
- **why you want to do something**
- **what you want to learn**
- **how the activity helps you**



How we can help you



We can help you start to use the NDIS

We can help you learn about the NDIS and how it works



We can help you to think about reasonable and necessary supports



We can help you to think about your goals



We can help you to get information ready for your NDIS plan



We can help you to use the NDIS online tools



More Information

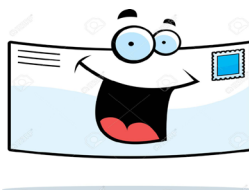
For more information contact Pearson Allied Health Services



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